Jour Career ACTION PLAN

Jump in wherever you are in the process!

YEAR 1

Self-Awareness and Assessment

- **1.** Visit Career Services and explore its services and resources.
- **2.** Use career assessments inventories to explore personal interests, skills, values and personality type.
- **3.** Seek assistance from a career counselor to discuss career assessment results and to identify related majors and careers.
- **4.** Attend career planning and decision-making workshops.
- **5.** Participate in exploratory and service learning courses.
- **6.** Begin researching careers of interest and seek further insight through volunteering, externships (job shadowing), and informational interviews.

YEAR 3

Solidify Career Choice and Gain Experience

- **1.** Gain career-related experience via internships and co-ops through the Office of Experiential Learning.
- **2.** Attend workshops related to job search skills such as interviewing and job search strategies.
- **3.** Continue networking with employers through the Employment Prep Conference, career panels, career fairs, and employer information sessions.
- **4.** Develop a strong relationship with faculty in your major to find a mentor and future reference.
- **5.** Start researching graduate/professional school if you're planning to continue your education.
- **6.** Start networking with professionals in your field through membership in career related professional organizations.
- **7.** Seek a leadership position in a major-related campus organization.

YEAR 2

Continue Major and Career Exploration

- **1.** Continue exploration of different majors and careers related to interests identified.
- **2.** Seek further career exploration through service learning or job shadowing.
 - **3.** Seek volunteer opportunities through the Office of Student Involvement.
- **4.** Participate in career-related experience via internships and co-ops through the office of Experiential Learning.
- **5.** Participate in career development workshops such as Resume, Interviewing, and Internships.
 - **6.** Attend internship fair, seek out opportunities to gain experience.
 - **7.** Join major-related student organization and actively develop your leadership skills.
 - **8.** Seek input from faculty about majors and careers.
 - **9.** Register on Handshake and upload your resume.
 - **10.** Begin networking with employers through career panels, job fairs, and others.

YEAR 4

Develop Plans Beyond Graduation

- **1.** Attend Career fairs and be prepared to promote qualifications to employers.
- 2. Update and finalize your online presence (i.e. LinkedIn Profile, Social Media).
- **3.** Develop a list of references and request letters of recommendations from faculty and others.
- **4.** Apply to graduate or professional school early and follow through on all of the requirements.
- **5.** Plan, organize and conduct a thorough job search.
- **6.** Register for on-campus interviews via Handshake.
- **7.** Attend job search and other related workshops.
- **8.** Buy professional business attire and be ready for interviews.
- **9.** Participate in a practice interview at Career Services, register via Handshake.



Career Services